

REGISTRATION FORM: Manipulation: a weekend w/

Ola Grimsby.

DATES: 11/13 - 11/14/2010

LOCATION: EUGENE, OR

NAME: \_\_\_\_\_

EMPLOYER / FACILITY NAME  
\_\_\_\_\_

MAILING ADDRESS  
\_\_\_\_\_  
\_\_\_\_\_

PHONE: (H) \_\_\_\_\_

(W) \_\_\_\_\_

FAX: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

Pre-registration is **required** for this course and is based on a first-come, first serve basis.

**Regular Registration Fee: \$375**

Make check out to "OGI" (Ola Grimsby Institute).

MAIL your Registration & Check to:

**Eugene P.T.,; ATTN: Jeff (OGI Course)**

**54 Oakway Center**

**Eugene, OR 97401**

**QUESTIONS?**

**Course Coordinator: Jeff Giulietti**

**Email: [jeffg@eugenept.com](mailto:jeffg@eugenept.com) / 541.687.7005**

**[www.EugenePT.com](http://www.EugenePT.com)**

**CANCELLATION POLICY:**

Cancellations must be received at least 30 days prior to the start of the course to receive a refund minus a \$100.00 processing fee. To cancel a course that you have already registered, please contact us by phone at: (541) 687-7005. The course instructor reserves the right to cancel a course at any time with full refund. The course instructor will not be responsible for any charges incurred by the registrant due to the cancellation of the course.



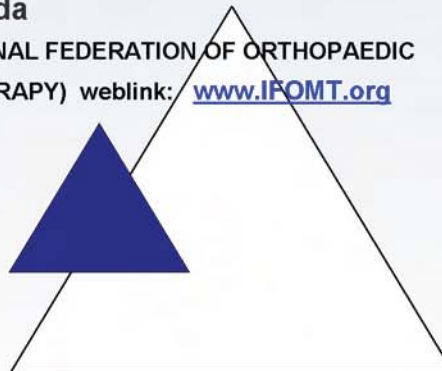
[www.aaompt.org](http://www.aaompt.org)



**IFOMT 2012:**

**September 30 - October 5 2012, Québec City, Canada**

**(INTERNATIONAL FEDERATION OF ORTHOPAEDIC MANUAL THERAPY) weblink: [www.IFOMT.org](http://www.IFOMT.org)**



## Manipulation: a weekend with Ola Grimsby

**Intermediate & Advanced Manipulatory training:**

**Cervical**

**Thoracic Cage**

**Lumbar**

**Pelvis**

**Extremity**

**November 13-14, 2010**

**Eugene, Oregon**

**Ola Grimsby, PT, DMT, FFAAOMPT**

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[www.EugenePT.com](http://www.EugenePT.com)



## LABORATORY / PRACTICAL

Participants should come prepared to actively participate in laboratory sessions for upper & lower quarter. For men, this will mean shirt off & shorts; women are required to wear a sports bra or swimsuit top and shorts.

**PARTICIPANTS:** Class size limited to 15 students

**DATES/TIMES:** 11/13/2010 Sat 8 AM to 6:00 PM

11/14/2010 Sun 8 AM to 3:00 PM

Check-in TIME: 7:45 AM

**CEU's:** 1.5 (15.0 contact hours)

**LOCATION:** Eugene Physical Therapy, LLC  
54 Oakway Center, Eugene, Oregon  
www.EugenePT.com

**Course Coordinator:** Jeff Giulietti jeffg@eugenept.com



**Ola Grimsby, PT, DMT, FFAAOMPT**

Ola Grimsby has received international recognition for his expertise as both a clinician and instructor in orthopaedic manual therapy. He graduated from the Norwegian State Physiotherapy School and the Physical Therapy Department of Health in Oslo, Norway. In addition, he has completed postgraduate studies in mobilization with the Nordic Special Group for Manual Therapy and in Manual Therapy with the Norwegian Physical Therapy Association. Mr. Grimsby is a certified manual therapy instructor in the Norwegian National Program. He has served as chairperson for the Nordic Group of Specialists in Manual Therapy and for the Instructors Council in the Norwegian Physical Therapy Associations Section in Manual Therapy. He was Norway's first executive member of IFOMPT and a founding member of the American Academy of Orthopaedic Manual Physical Therapy AAOMPT in 1992. He is founder and chairperson of the Ola Grimsby Insitute, which provides opportunities for residences and doctoral degrees (PhD or DPT) in OMT. Most recently in 2009 he was awarded the prestigious "Kaltenborn Teach I Must Award" by the AAOMPT in praise of his educational endeavors. He has authored numerous books and articles in several languages including 2009 co-authored publication ***Science, Theory and Clinical Application in Orthopaedic Manual Physical Therapy: Applied Science and Theory.***

## LEARNING OBJECTIVES

- Clinical testing and grading of coupled forces throughout the spine.
- Specific, segmental "locking" techniques to localize manipulation for specificity or for protection.
- Common extremity manipulations and intermediate to advanced spinal manipulations with examples from all spinal segments..
- Advanced biomechanics of coupled forces in the spine.
- Neurobiological concepts of pain inhibition through manipulation
- The use of imagery to define Centrodex in joints.
- Common extremity manipulations and intermediate to advanced spinal manipulations

## EDUCATIONAL FORMAT

The course will be presented through 15 contact hours of slides and videos, lectures, demonstrations and lab sessions.

## COURSE PREREQUISITES

Physical Therapists with previous manipulative training including either:

- graduation from OMT Residency program.
- graduation from OMT Fellowship program.
- certification such as COMT, FAAOMPT, or other APTA recognized training program.

