

Treatment of the Orthopedic Patient with Upper Quarter Neurogenic Syndromes

Jeff Giulietti, MPT, ATC OCS, CSCS, COMT, FAAOMPT



Mr. Giulietti is co-owner and co-founder of Eugene Physical Therapy, LLC and also co-Founder of Cutting Edge Seminars, Inc. He has been in clinical practice for over 20 years and has a wide range of expertise including running injuries. He is former Adjunct Professor at Oregon State University in the Athletic Training Curriculum and has been published in the **Journal of Athletic Training**. The past 2 years he organized and headed the sports medicine teams for the US Olympic Trials USATF in 2012 and USATF National Championships in 2011 both held at historic Hayward Field. He has practiced at the Olympic level in 2000 & 2008, and worked at the level Professional Athletics in the areas of Track and Field, US Figure Skating, and Tae Kwondo. His expertise extends to orthopaedic manual therapy (OMT) and is a Fellow with the American Academy of Orthopaedic Manual Physical Therapy (AAOMPT). He is a Board Certified Orthopaedic Clinical Specialist (OCS) through the APTA Board of Physical Therapist Specialties, is a Board Certified Athletic Trainer (ATC) through the National Athletic Trainers' Association, Certified Strength and Conditioning Specialist (CSCS) through the National Strength and Conditioning Association, Certified Orthopaedic Manipulative Therapist (COMT) through the North American Institute of Orthopaedic Manual Therapy, and is a TMJ Specialist fully trained by Mariano Rocabado, DPT of Santiago, Chili. Mr. Giulietti was asked in 2010 by the Orthopedic Section of the APTA to serve as a subject matter expert for the TMJ chapter for the 3rd edition of **Current Concepts of Orthopedic Physical Therapy**. Additionally he is an APTA Credentialed Clinical Instructor (APTA-CCI) and trains student PT Residents in their final clinical prior to taking their board examinations.

For more background on this instructor:
<http://www.eugenept.com/Website.BIO.Giulietti.pdf>

Course Description

As a runner of 30 years, the main focus of a runner to make certain he or she can "continue running" Returning the injured runner to running is not easy.

For athletics, running is necessary for most athletics. For many Physical Therapists, however, once initial goals of strength, ROM are achieved, if an athlete keeps having recurring pain, they are left without tools on how to proceed.

This course delves into looking at the runner, from the moment they enter your office, the initial examination, patient education required, collecting objective data, to step by step progression of the patient back to a successful running program.

All too often the PT uses a treadmill to examine running gait. This course looks at REAL TIME RUNNING "on the ground". Running biomechanics on the treadmill is very different on a moving belt compared to running mechanics on stable ground. For this reason, specificity is needed to examine biomechanical faults in the arena of the recreational or competitive runner. For this reason, the clinician will learn how to quickly evaluate each client on solid ground.

I look forward to sharing the passion I have for treating runners.

2012 Olympic Trials Historic Hayward Field



Course Description

GOALS OF THIS COURSE

- 1.) Become familiar with abnormal patterns of walking gait
- 2.) Become familiar with abnormal patterns of running gait
- 3.) Become familiar with a FAST SCAN approach to assess biomechanical faults of the real time running mechanics.
- 4.) Become familiar assessment & treatment of the following conditions of runners including differential diagnosis:
 - post ankle sprain
 - knee problems including post ACL, microfracture
 - hip pain
 - Low back pain / Sacroiliac Pain
 - Iliotibial Band Syndrome
 - shin splints
 - plantar fasciitis
 - Osteoarthric joints
- 4.) Become exposed to Advanced treatment practices for optimizing Running Gait
- 5.) Become exposed to Psychological issues related to Running
- 6.) Become educated with regards to Prevention Training, especially for the Ultra-Runner
- 7.) Become aware of physical issues related to the Female Runner.
- 8.) Become aware of breathing pattern issues for the runner.
- 9.) Become familiar with bracing, taping related to runners.

REGISTRATION FORM

The Upper Quarter Pain Puzzle: Differential Diagnosis & Treatment

Date: 4/21 - 4/22/2013

Location: Yakima, WA

MAXIMUM PARTICIPANTS: 20

REGISTRATION FEES: \$425

NAME: _____

PT LICENSE # _____ LICENSE STATE _____

MAILING ADDRESS: _____

PHONE _____

EMAIL _____

EMPLOYER: _____

Please mail your check & completed registration form to:

Chuck Martin, PT

Cascade Summit Physical Therapy

3901 Creekside Loop

Yakima, WA 98901

QUESTIONS?

Course Coordinator: Chuck Martin

Email: martinc@cascadesummitpt.com / 509.865.5650

<http://www.cascadesummitpt.com/>

For more information on our courses

Visit: www.CuttingEdgeSeminars.net

For more information on manual therapy

Visit the American Academy of Orthopedic

Manual Physical Therapy at www.aaompt.org

Schedule / Registration Deadlines

DATES / TIMES: 4/22/2013 Sat 7:30 AM to 5:30 PM

4/22/2013 Sun 8:00 AM to 3:00 PM

Check-in TIME: 7:30 AM

(Lunch break: 12-1 on your own)

CEU's: 15.0 contact hours

This is LABORATORY COURSE. Please bring shorts, tennis shoes, and appropriate running attire. If you have a disability and/or are unable to run, you will so inform the instructor, and be a passive observer in some of the laboratory activities.

CANCELLATION POLICY:

Cancellations must be received at least 45 days prior to the start of the course to receive a refund minus a \$100.00 processing fee. To cancel a course that you have already registered, please contact the course coordinator listed above by email. The course instructor reserves the right to cancel a course at any time with full refund. The course instructor will not be responsible for any charges incurred by the registrant due to the cancellation of the course.



Presents

The RUNNER: **Advanced Clinical Diagnosis & Treatment**

Jeff Giulietti, MPT, ATC
OCS, CSCS, COMT, FAAOMPT

4/21 - 4/22/2013

[Yakima, Washington]

**An Original Innovative Course
developed by the instructor.**

www.CuttingEdgeSeminars.net

