

MICHAEL YOUNG, DPT, OCS

Michael Young has clinical experience dating back to 2003 in the profession of physical therapy. He is a member of the first class of University of North Dakota to receive a Doctoral degree of Physical Therapy (DPT).

As a Doctor of Physical Therapy, Michael has received specific training in differential diagnosis, pharmacology, radiology and imaging, health care management, prevention and wellness, health promotion, histology, and pathology.

Michael's current practice of physical therapy is within the field of orthopedics. He is a Board Certified Orthopedic Clinical Specialist (OCS) through the APTA Board of Specialties. His clinical experience also includes evaluation and treatment within the fields of Vestibular Rehabilitation, TMJ, Neurological Rehabilitation, wound care, and acute care rehabilitation. He is presently pursuing Certification as Manual Therapist through the North American Institute of Orthopedic Manual Therapy (NAIOMT) and also in Mechanical Diagnosis and Treatment (Cert MDT®) through the McKenzie Institute U.S.A. He is a Credentialed Clinical Instructor through the APTA (CCI-APTA)

RECENT PROFESSIONAL ACTIVITIES

Sports Medicine Provider, **OLYMPIC TRIALS TRACK & FIELD**, Eugene, OR (2012)
Sports Medicine Provider, **OLYMPIC TRIALS TRACK & FIELD**, Eugene, OR (2008)
PT Ask-The-Expert: **BODY WORLDS 3**; Oregon Museum of Science Industry (OMSI)/OHSU. Portland, OR (2007)
Sports Medicine Provider, **EUGENE CHALLENGE MILE**, Eugene, OR (2007)

EDUCATION

B.S. in Exercise and Movement Science, **University of Oregon**, Eugene, Oregon
D.P.T (Doctor of Physical Therapy), **University of North Dakota**, Grand Forks, North Dakota

POST GRADUATE EDUCATION

DIAGNOSTIC IMAGING

Advanced Clinical Imaging of the Spine/Pelvis & Extremities for the PT Edsen Donato, PT, DPTSc, BSRT, OCS, CHT, CSCS 6/13/2010
Miven Donato, DPT, DC, MOMT

JONES INSTITUTE

Strain & Counterstrain I Randall S. Kusunose, PT, OCS 4/20 - 4/22/2007

McKENZIE INSTITUTE U.S.A.

McKenzie Mechanical Dx & Therapy: Part E: Extremities Scott Herbowy, PT, Dip MDT 10/22 – 10/23/2011
McKenzie Mechanical Dx & Therapy: Part D: Advanced Problem Solving Mark Miller, PT, Dip MDT 9/30 – 10/3/2010
McKenzie Mechanical Dx & Therapy: Part C: Problem Solving Mark Miller, PT, Dip MDT 2/9/07-2/11/07
McKenzie Mechanical Dx & Therapy: Part B Cervical/Thoracic Yvonne Body, PT, DipMDT 10/28 – 10/30/2005
McKenzie Mechanical Dx & Therapy: Part A Lumbar Audrey Long, PT, DipMDT 8/25 - 8/28/2005

NEURO MOBILIZATION (INT'L MANUAL THERAPY SEMINARS)

The Upper Quarter Pain Puzzle: Differential Diagnosis/Treatment of the Orthopedic Patient with Upper Quarter Neurogenic Syndromes Jack Stagge, PT, OCS, FAAOMPT 11/05 – 11/06/11

NEURO ORTHOPAEDIC INSTITUTE (NOI)

Explain Pain Steve Schmidt, PT, M.Phys, OCS, FAAOMPT 10/24 -10/25/09

NORTH AMERICAN INSTITUTE OF ORTHOPAEDIC MANUAL THERAPY (NAIOMT)

NAIOMT Level II: Upper Quadrant Part B: Extremities William Temes, PT, OCS, COMT, FAAOMPT 10/12 – 10/14/2007
NAIOMT Level II: Upper Quadrant Part A: Extremities William Temes, PT, OCS, COMT, FAAOMPT 9/14 – 9/16/2007
Post MVA: Cervical Dysfunction James Meadows, BSc, PT, MCPA, FCAMT 3/17 – 3/19/2006
NAIOMT Level II: Lower Quadrant Part B: Spine Erl Pettman, PT, MCSP, MCPA, FCAMT 2/17 - 2/19/2006
NAIOMT Level II: Lower Quadrant Part A: Extremities Erl Pettman, PT, MCSP, MCPA, FCAMT 1/20 - 1/22/2006

SPORTS MEDICINE

Advanced Clinical Reasoning and Evidence Enhanced Management of the Shoulder Girdle Cliff Fowler, PT, MCSP, MCPA, FCAMT 4/10 – 4/11/2010
The Running Course – Level I: Biomechanics, Analysis, Training & Rehabilitation Karl Kolbeck, PT, OCS, COMT, FAAOMPT 9/12 – 9/13/2009
Matt Walsh, PT

VESTIBULAR REHABILITATION

Vestibular Rehabilitation: A Competency-Based Course

Susan J. Herdman, PT, PhD, FAPTA, 4/16 – 4/21/2012
Richard Clendaniel, PT, PhD, Ronald Tusa, MD, PhD, et al.

OTHER

*OPTA Conference: An Introduction to Evidence-Based Practice
Online APTA Clinical Performance Instrument (CPI) Training)*
*OPTA Conference: Grand Rounds: MDT, NAIOMT, and Kaiser/
Maitland (Australian) – Comparing Experts in LBP*

Ken Bush, PT, PhD; Erin Jobst, PT, PhD 3/12 – 3/14/2010
APTA 2/2011

*APTA Clinical Instructor Credentialing Program
Update on Knee & Hip Arthroplasty*

Scott Herbowy, PT, Dip MDT;
Ann Porter Hoke, DPT, OCS, FCAMT, FAAOMPT,
Steve Ryan, DPT, CSCS, FAAOMPT
Mary Dockter, PT, PhD

1/23 – 1/24/10

*Gait Solutions: Biomechanical Assessment & Management of the
Neurologically Impaired Client*

Brian Jewitt, MD
Li-Shan Chou, PhD, Victor Lin, MD
Bill Pierce, PT, Don Douglas, MS, PT
Michele Gladieux, MS, PT

5/17/2006
10/08/2005

GRADUATE RESEARCH

- Donald L, Kjellgren K, Young J, Young M. *Electromyographic (EMG) analysis of trunk muscles at the point of puck contact during slap and wrist shots of female ice hockey athletes.*
Department of Physical Therapy, School of Medicine, University of North Dakota. 2005

PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association
Orthopedic/Sports Section, APTA <http://www.apta.org/>
<http://www.orthopt.org/>
- Oregon Physical Therapy Association <http://www.opta.org/>
- Oregon Orthopedic Physical Therapy Study Group (OOPTSG) <http://www.ooptsg.org/>
- Vestibular Disorders Association (VEDA) <http://www.vestibular.org>

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