

Kirstie Strelo SPT, NASM-CPT

Kirstie Strelo is a Doctoral Physical Therapy Resident from the University of Mary, North Dakota.

Per her Doctoral degree training, she has received specific training in differential diagnosis, primary care screening, pharmacology, radiology and imaging, manual therapy, therapeutic interventions, health care management, prevention and wellness, health promotion, histology, and pathology.

Kirstie is a Certified Personal Trainer through the National Academy of Sports Medicine. She has interests in orthopedics/sports medicine, prosthetic rehabilitation and working with Veterans. She has had past experiences in outpatient orthopedics, acute/inpatient care, and skilled nursing facilities in Wyoming, North Dakota and California, respectively.

Her undergraduate degree was in Kinesiology with an emphasis in pre-physical therapy at Sonoma State University in California. Like all of our PT staff, she is a member of the American Physical Therapy Association, and recently attended the National Student Conclave (NSC) with Omaha, NE in 2015.

Eugene PT has a strong commitment to education. Its PT staff not only teach post-graduate courses throughout the United States, but have four APTA Credentialed Clinical Instructors that supervise final residency programs prior to DPT graduates taking their Board Examinations. Our clinical education program has gained a reputation over time, having contracts with over 10 universities throughout the U.S.A. Our goal is to train our PT Residents to be able to provide the exceptional standard of care that is our mission. Seeing any of our Residents should be a rewarding experience given the training they have been and are presently being given.

Preceptor: Michael Young, DPT, OCS, CSCS

RECENT PROFESSIONAL ACTIVITIES

APTA Continuing Education: Developing Exercise Programs for Individuals with Chronic Heart Disease (01/2017)
APTA Continuing Education: Incontinence: Implications for the Physical Therapist (01/2017)
APTA Continuing Education: Professionalism Module 1: Introduction to Professionalism (09/2016)
APTA Continuing Education: Professionalism Module 3: Ethical Compass (01/2016)
National Student Conclave (10/2015)

EDUCATION

D.P.T. Candidate, **University of Mary**, Bismarck, ND (04/2017)
B.S. in Kinesiology, **Sonoma State University**, Rohnert Park, CA (06/2014)

GRADUATE RESEARCH (currently in progress)

- ❖ Kara Buss, Adrienne Martwick, Jacob Retzer, Wayne Engelhard, Kirstie Strelo.
A Retrospective Study of the Comparison of Concussion Screening Tools and their Effectiveness.
University of Mary.

PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association (since 2014)
 - ❖ Orthopedic Section
- North Dakota Physical Therapy Association
- National Academy of Sports Medicine
- Hospitality committee member- University of Mary Pro-bono clinic

www.apta.org/
www.orthopt.org/
www.wpta.org/
www.nasm.org