

## PETER SCHREY, DPT, CSCS

Peter Schrey has clinical experience dating back to 2003 in the profession of Physical Therapy. He holds a Doctorate Degree in Physical Therapy from Regis University in Denver, Colorado. As a Doctor of Physical Therapy, Peter has received specific training in differential diagnosis, pharmacology, radiology and imaging, health care management, prevention and wellness, health promotion, histology, and pathology.

Peter's current practice of physical therapy is within the field of orthopedics with interest in pediatric and adult sports medicine and chronic pain management. His research interests include the fields of manual therapy, neural dynamics, and regional interdependence. His clinical experience also extends to geriatrics and balance/vestibular rehabilitation. Professionally, he has been led to be an advocate for Physical Therapy nationwide, with the goal of having the public understand the unique research evidence that Physical Therapy is able to offer.

He is a Certified Strength and Conditioning Specialist (CSCS) through the National Strength and Conditioning Association (NSCA). He is presently pursuing Certification as Orthopedic Manual Therapist (COMT) through the North American Institute of Orthopedic Manual Therapy (NAIOMT) and Board Certification as Orthopaedic Clinical Specialist (OCS) through the American Physical Therapy Association Board of Physical Therapy Specialties.

## RECENT PROFESSIONAL ACTIVITIES

Sports Medicine Provider, **OLYMPIC TRIALS TRACK & FIELD**, Eugene, OR (2008)

## EDUCATION

B.S. in Kinesiology, Emphasis Human Movement Studies, **San Francisco State University**, California  
D.P.T (Doctor of Physical Therapy), **Regis University**, Denver, Colorado

## POST GRADUATE EDUCATION

### AMERICAN ACADEMY OF ORTHOPAEDIC MANUAL THERAPY

14<sup>th</sup> Annual AAOMPT Conference

David Butler, PT, M.App.Sc., GDAMT 10/29 – 11/02/2008  
Jack Stagge, PT, OCS, FAAOMPT; Thomas Sevier, MD, FACSM  
Emilio Puentedura, PT, DPT, GDMT, OCS, FAAOMPT  
Gray Cook, MSPT, OCS, CSCS ; Kyle Kiesel, PT, PhD, ATC, CSCS

### DIAGNOSTIC IMAGING

*Diagnostic Imaging for PT's: Nice to Know or Need to Know*

Bill Boissonnault, PT, DHSc, FAAOMPT 3/15-16/08

### FOLSUM INSTITUTE

*Manual Therapy of the Lumbar Spine*

Michael Moore, PT, FAAOMPT; 9/2006

*Manual Therapy of the CervicoThoracic Spine*

Paul Kinney, MPT, FAAOMPT 7/2006  
Paul Kinney, MPT, FAAOMPT;  
Jeff Mitchell, MPT, FAAOMPT

### KINESIO TAPING

*Kinesio Taping Fundamentals & Advanced Techniques*

Amy Stahl, MPT, CKT1 10/2005

### NORTH AMERICAN INSTITUTE OF ORTHOPAEDIC MANUAL THERAPY

*NAIOMT Level II: Lower Quadrant: Part B: Spine*

Steve Allen, PT, OCS, COMT, FAAOMPT 1/9 – 1/11/09

*NAIOMT Level II: Lower Quadrant: Part A: Extremities*

Steve Allen, PT, OCS, COMT, FAAOMPT 12/12 – 12/13/08

*NAIOMT Level II: Upper Quadrant Part B: Spine*

Kent Keyser, MS, PT, ATC, OCS, COMT, FAAOMPT 10/10 – 10/12/08

*NAIOMT Level II: Upper Quadrant Part A: Extremities*

Kent Keyser, MS, PT, ATC, OCS, COMT, FAAOMPT 9/26 – 9/28/08

*NAIOMT Level I: Differential Diagnosis*

Home Study Video program 2008

### PAIN MANAGEMENT

*Explain Pain*

David Butler, PT, M.App.Sc., GDAMT 10/29 – 10/30/08

*Pain Management and Treatment for the 21st Century PT*

Thomas Watson, PT, DPT, DAAPM 3/15-16/08

### VESTIBULAR REHABILITATION

*Dizziness and the Imbalanced Patient*

Rob Landel, DPT, OCS 11/2006

*Balance Challenges: Progressive Dynamic Treatment Strategies*

J.J. Mowder-Tinney MPT, NCS, CWS 7/2005

### OTHER

*Evidenced-Baed Examination & Selected Interventions for Patients with Upper Extremity Disorders*

Joshua Cleland, PT, PhD, OCS, FAAOMPT 2/2007

16<sup>th</sup> Annual Colorado Spine Symposium

Courtney Brown, MD 11/2005

## GRADUATE RESEARCH

- Koch A, Limoges A, Perez D, Schrey P and Smith J. The Influence of Visual Stimulation and Somatosensory Exercises on Visual Motion Hypersensitivity. **Department of Physical Therapy**, Regis University. 2004.

## PROFESSIONAL AFFILIATIONS

- American Academy of Orthopaedic Manual Physical Therapy <http://www.aaompt.org>
- American Physical Therapy Association  
- Orthopedic/Sports Section, APTA <http://www.apta.org/>  
<http://www.orthopt.org/>
- National Strength & Conditioning Association <http://www.nasca-lift.org/>
- Oregon Physical Therapy Association <http://www.opta.org/>

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