

Nicholas Lougheed, DPT, COMT

Nicholas is a graduate of Nova Southeastern University where he received his Doctoral degree in Physical Therapy (DPT).

As a Doctor of Physical Therapy, he has received specific training in differential diagnosis, primary care screening, pharmacology, radiology and imaging, manual therapy, therapeutic interventions, health care management, prevention and wellness, health promotion, histology, and pathology.

Nick's current practice of physical therapy focuses on the field of orthopedics, sports medicine, spinal dysfunction, and worker injury. He is a Certified Orthopedic Manual Therapist (COMT) specializing in joint and soft tissue mobilizations to reduce pain and improve muscle function.

His hobbies include Crossfit, hiking, tiki cocktails, exploring Oregon and spending time with his fiancé and dog.

EDUCATION

B.S. in Biology. **University of Central Florida**, Orlando, FL

D.P.T (Doctor of Physical Therapy), **Nova Southeastern University**, Fort Lauderdale, FL

POST GRADUATE EDUCATION

MANUAL THERAPY TRAINING: Select Medical Company

COMT: Evaluation & Treatment: Foot & Ankle	Ryan Stukel, PT, MSPT, OCS, COMT, FAAOMPT	10/6-7/2018
Advanced Instrument Assisted & Joint Mobilization Upper Quarter	Andreas Mueller PT, CFMT	9/15-16/2018
COMT: Evaluation & Treatment: Knee	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	8/25-26/2018
	Nicholas Smith PT, DSc, OCS, COMT, FAAOMPT	
COMT: Evaluation & Treatment: Shoulder	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	4/28-29/2018
COMT: Evaluation & Treatment: Hip	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	4/5-6/2018
COMT: Evaluation & Treatment: Lumbopelvic Spine	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	3/24-25/2018
	Chris Hanson, PT, MPT, DMT, OCS, FAAOMPT	
COMT: Evaluation & Treatment: Cervical Spine	Matthew J Redmond, DPT, FAAOMPT, OCS, ATC	2/24-25/2018
	Ryan C. Tedrick, PT, DPT, OCS, SCS, FAAOMPT	
COMT: Evaluation & Treatment: Thoracic Spine & Ribs	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	2/10-11/2018
	Mary Caromata PT, DPT, OCS	
COMT: Evaluation & Treatment: Soft Tissue & Exercise Prescription	Andreas Mueller PT, CFMT	1/20-21/2018
COMT: Evaluation & Treatment: Hand & Wrist	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	12/9-10/2017
COMT: Evaluation & Treatment: Elbow & Forearm	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	11/18-19/2017

OTHER

Preventing Medical Errors	Online	2/28/2019
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PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association (APTA) <http://www.apta.org/>
- Florida Physical Therapy Association (FPTA) <http://www.fpta.org/>