

CHRISTINA KARCHER, PT, OCS, Cert. MDT, CSFA

Christina Karcher has practiced physical therapy for more than 20 years specializing in spine pain, orthopedics, chronic pain and sports rehabilitation. She is co-owner of Eugene Physical Therapy. In addition to her physical therapy training from Pacific University, she also has advanced certification for orthopedics, McKenzie Diagnosis and treatment of spine/extremities, and functional assessment/functional capacity evaluations. She has advanced training with sport specific rehabilitation for golf, running, dance, and cycling.

CERTIFICATIONS

Advanced Level III Certified Golf Fitness Instructor (Titleist Performance Institute)	2011 - 2010
Certified Specialist in Functional Assessment (CSFA)	2006
Certified McKenzie Diagnostic Therapist (Cert. MDT)	2005
Certified Orthopedic Clinical Specialist (OCS)	2004
Certified Spin Cycling Instructor	2000

RECENT PROFESSIONAL ACTIVITIES

Speaker, Pain Society of Oregon (Lane County chapter): Eugene, OR 6/2011
Sports Medicine Speaker, Northwinds School of Gymnastics, Cottage Grove, OR 6/2009

EDUCATION

B.S. in Physical Therapy, **Pacific University**, Forest Grove, Oregon 1986
B.S. in Science, **Southern Oregon State University**, Ashland, Oregon

POST GRADUATE EDUCATION

Physical therapy training, Certificate of Physical Therapy, Pacific University, Forest Grove, Oregon

BREAST CANCER / LYMPHEDEMA MANAGEMENT

<i>Advanced Management of Lymphedema</i>	Julie Osborne, PT, CLT-LANA	1/21 – 1/22/2012
<i>Advanced Management of Breast Cancer Rehabilitation</i>	Julie Osborne, PT, CLT-LANA	8/20 – 8/21/2011

FUNCTIONAL CAPACITY EVALUATIONS

<i>Functional Capacity Evaluation Training</i>	Jim Mecham, MS, OTR/L, AEP	7/12 – 7/14/2011
<i>Ergonomics Training</i>	E. Oakes, OTR – HealthSouth RTN course	1/2000

GOLF – TITLEIST PERFORMANCE INSTITUTE

<i>Certified Golf Fitness Instructor Course Level III</i>	Greg Rose, DC; Michael Voight, PT, ATC, SCS, OCS, DHSc, CSCS	11/11 – 11/12/2011
<i>Certified Golf Fitness Instructor Course Level II</i>	Greg Rose, DC; Dave Phillips: PGA Professional Class A	11/6 – 11/7/2010
<i>Certified Golf Fitness Instructor Course Level I</i>	Greg Rose, DC; Dave Phillips: PGA Professional Class A	2/16 – 2/17/2010

GRASTON TECHNIQUE

<i>Graston Technique Module I</i>	Thomas Hyde, DC, DACBSP Michael Ploski, MS, Med, PT, ATC, OCS	4/1-4/2/2005
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McKENZIE INSTITUTE U.S.A.

<i>McKenzie Mechanical Dx & Therapy: Part E: The Human Extremities</i>	J. Mark Miller, PT, Dip MDT	12/2-12/03/2006
<i>McKenzie Mechanical Dx & Therapy: Clinical Skills Update</i>	J. Mark Miller, PT, Dip MDT	10/14-10/15/2006
<i>McKenzie Mechanical Dx & Therapy: Part D: Review</i>	J. Mark Miller, PT, Dip MDT	10/2005
<i>McKenzie Mechanical Dx & Therapy: Part D: Advanced Problem Solving</i>	Scott Herbowy, PT, Dip MDT	9/09 - 9/11/2004
<i>McKenzie Mechanical Dx & Therapy: Part C: Problem Solving</i>	J. Mark Miller, PT, Dip MDT	5/13 - 5/16/2004
<i>McKenzie Mechanical Dx & Therapy: Part B Cervical/Thoracic</i>	J. Anspach Rickey, PT, Dip MDT	1/30 - 2/1/2004
<i>McKenzie Mechanical Dx & Therapy: Part A Lumbar</i>	Audrey Long, PT, Dip MDT	11/20 11/23/2003

MEDICAL SCREENING

<i>Medical Screening Refresher for the P.T.</i>	Richard Gicking, MD, FACP; Jill Pruett, MD	9/18/2004
<i>Medical Screening Refresher for the P.T.</i>	David J. Musnick, MD	9/22 - 9/23/2001
<i>Medical Screening Refresher for the P.T.</i>	David J. Musnick, MD	9/25 - 9/26/1998
<i>Medical Screening for the Physical Therapist</i>	William Boissonnault, MS, PT Michael B. Koopermeiners, MD	10/1994

NORTH AMERICAN INSTITUTE OF ORTHOPAEDIC MANUAL THERAPY (NAIOMT)

<i>NAIOMT: Shoulder Girdle</i>	Cliff Fowler, PT, MCSP, MCPA, FCAMT	12/6 -12/7/2003
<i>NAIOMT: Acute and Subacute MVA Injury to the Neck</i>	James Meadows, BSc, PT, FCAMT	5/16-18/2003
<i>NAIOMT Level III: Lower Quadrant Part B: Spine</i>	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	4/11-13/2003
<i>NAIOMT Level III: Upper Quadrant Part A: TMJ/Spine</i>	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	2/ 7-9/2003
<i>NAIOMT Level III: Lower Quadrant Part B: Spine</i>	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	10/25-27/2002

NAIOMT Level III: Lower Quadrant Part A: Extremities	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	9/20-22/2002
NAIOMT Level III: Lower Quadrant Part B: Spine	Bill Temes MS, PT,OCS, COMT, FAAOMPT	10/26-28/2001
NAIOMT Level II: Lower Quadrant Part A: Extremities	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	9/28-30/2001
NAIOMT Level II: Upper Quadrant Part B: Spine	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	2/9-11/2001
NAIOMT Level II: Upper Quadrant Part A: Extremities	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	1/5-7/2001
NAIOMT Level I: Differential Diagnosis on Orthopedic Manual Therapy Part B	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	11/3-5/2000
NAIOMT: Level I: Spinal Differential Diagnosis & Orthopedic Manual Therapy Part A	Bill Temes MS, PT,OCS, COMT, FAAOMPT	9/22-24/2000
NAIOMT: Evaluation and Treatment of the Thoracic Spine	Bill Temes MS, PT,OCS, COMT, FAAOMPT	12/1997
	Kent Keyser, MS, PT, ATC, OCS, COMT, FAAOMPT	

SLOCUM ORTHOPEDICS (formerly Orthopedics HealthCare NW)

Orthopedic & Sports Medicine Update	Slocum Orthopedics	12/05/2009
Total Joint Clinical Update	Slocum Orthopedics	11/04/2009
The Painful Post-Op Shoulder	Slocum Orthopedics	04/18/2009
Musculoskeletal Pain Management Conference	Slocum Orthopedics	11/22/2008
Orthopedic & Sports Injuries for the PCP	Slocum Orthopedics	12/8/2007
Orthopedic & Sports Injuries for the PCP	Orthopedic HealthCare NW	12/4/2004
Orthopedics for the PCP	Orthopedic HealthCare NW	12/7/2002
Orthopedics for the PCP	Orthopedic HealthCare NW	12/8/2001
Orthopedic & Sports Injuries for the PCP	Orthopedic HealthCare NW	12/5/2000
Orthopedics & Sports Injuries for the PCP	Orthopedic HealthCare NW	12/1999
Orthopedic & Sports Injuries for the PCP	Orthopedic HealthCare NW	12/1997

OTHER

Pediatric Pain, What's Different	Helen Turner, DNP, PCNS (OHSU)	2-16-2011
The Advanced Running Course: Biomechanics, Analysis, Training & Rehabilitation	Matthew Walsh, PT, SPG Level III (Australia)	3/21/09
The Emerging Role of the PT w/ the Female Athlete	OPTA	3/16/08
Pain Management & Treatment for the 21 st Century PT	OPTA: Thomas Watson, DPT, DAAPM	3/16/08
The Running Course	Matthew Walsh, PT, SPG Level III (Australia)	1/26 – 27/2008
Introduction to the Mulligan Concept – Manual Therapy Techniques	Donald Reordan, MS, PT, OCS, MCTA	3/9-10/2002
Sacroiliac Joint & the S3 Subluxation: A Method and Rationale for the Rapid and Effective Relief of Low Back Pain	Richard DonTigny, PT	10/13/2001
Intervention Strategies for the Challenging Foot: Orthotic & Non Orthotic Approaches	OPTA	3/2001
Precision Cycling – Instructor Certification	Star Trac	8/2000
The Orthopedic Shoulder	Kevin Wilk, PT – HealthSouth RTN course	1/1999
Functional Stabilization Training	Beverly Biondi, PT	9/1998
Golf Skills Enhancement – Level 1	HealthSouth	9/1997
Current Concepts of the Athlete's Shoulder	Oregon Institute of Sports Medicine	2/1997

STUDY COURSES

Orthopedic Issues and Treatment Strategies for the Pediatric Patient	Orthopedic Section, APTA	2/2010
Dance Medicine: Strategies for Prevention and Care of Injuries	Orthopedic Section, APTA	12/2008
Diagnostic Imaging in PT	Orthopedic Section, APTA	8/2007
Reimbursement Strategies for PT's	Orthopedic Section, APTA	3/07 – 5/2007
Private Practice study course	Private Practice Section, APTA	2007
Fundamentals of Functional Assessment	Ergo Rehab, Inc.	2006 – 2007
Certified Specialist in Functional Assessment (CSFA)		
H105 Fundamentals of Functional Assessment		
H106 Functional Capacity Evaluation		
H107 Return to Work Programs & Services		
Independent Medical Examination Training	Health Cost Management	2006
Current Concepts of Orthopedic Physical Therapy # 11.2	Orthopedic Section, APTA	8/2001 – 12/2001
Foot Management Course	Orthopedic Section, APTA	6/2000 - 12/2000
Normal Anatomy & Pathophysiology of the Foot and Ankle	R. Donatelli, PT, PhD, OCS	
Contemporary Footwear Considerations	T McPoil, PT, PhD, ATC	
Foot and Ankle Orthosis	M. Cornwall, PT, PhD, CPed	
Injuries of the Leg, Foot and Ankle	Joseph Tomaro, PT, MS, ATC	
Diabetic Foot Problems	Nancy Balash, PT	
Inflammatory Arthritis: Management of Foot and Ankle Problems	L Gerber, MD Jshradar, PT, Cped; K Lohmann Siegel, PT, MA;	
Current Topics in Rehabilitation of the Shoulder	Sports Physical Therapy Section, APTA	1/1996 - 6/1996

PROFESSIONAL AFFILIATIONS

• American Physical Therapy Association	http://www.apta.org
Orthopedic/Sports Section, APTA	
• McKenzie Institute USA	http://www.mckenziemdt.org
• Oregon Physical Therapy Association (OPTA)	http://www.opta.org
• Oregon Physical Therapists In Independent Practice (OPTIP)	http://www.optip.org