

CHRISTINA KARCHER, PT, OCS, Cert. MDT, CSFA

Christina Karcher has twenty years clinical experience in the profession of Physical Therapy. She has practiced in Lane County since 1986 in hospital and outpatient orthopedic clinics. Her career has included founding Emerald Valley Physical Therapy (1990) which served Creswell, Cottage Grove, Drain and Veneta. She started Cottage Grove Physical Therapy Services, Inc. (2000) and still practices there as well at Eugene Physical Therapy.

Christina has expertise in orthopedics, and is a Board Certified Orthopedic Clinical Specialist (OCS) through the American Physical Therapy Association Board of Specialties. She is certified through the McKenzie Institute USA in Mechanical Diagnosis and Therapy (Cert. MDT). In addition, she is a Certified Specialist in Functional Assessment and is on the Director's List through the State of Oregon to complete functional capacity examinations.

EDUCATION

B.S. in Physical Therapy, **Pacific University**, Forest Grove, Oregon
B.S. in Science, **Southern Oregon State University**, Ashland, Oregon

CERTIFICATIONS

Certified Specialist in Functional Assessment (CSFA)	2006
Certified McKenzie Diagnostic Therapist (Cert. MDT)	2005
Certified Orthopedic Clinical Specialist (OCS)	2004
Certified Spin Cycling Instructor	2000

POST GRADUATE EDUCATION

Physical therapy training, Certificate of Physical Therapy, Pacific University, Forest Grove, Oregon

GRASTON TECHNIQUE

<i>Graston Technique Module I</i>	Thomas Hyde, DC, DACBSP Michael Ploski, MS, Med, PT, ATC, OCS	4/1-4/2/2005
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McKENZIE INSTITUTE U.S.A.

<i>McKenzie Mechanical Dx & Therapy: Part E: The Human Extremities</i>	J. Mark Miller, PT, Dip MDT	12/2-12/03/2006
<i>McKenzie Mechanical Dx & Therapy: Clinical Skills Update</i>	J. Mark Miller, PT, Dip MDT	10/14-10/15/2006
<i>McKenzie Mechanical Dx & Therapy: Part D: Review</i>	J. Mark Miller, PT, Dip MDT	10/2005
<i>McKenzie Mechanical Dx & Therapy: Part D: Advanced Problem Solving</i>	Scott Herbowy, PT, Dip MDT	9/09 - 9/11/2004
<i>McKenzie Mechanical Dx & Therapy: Part C: Problem Solving</i>	J. Mark Miller, PT, Dip MDT	5/13 - 5/16/2004
<i>McKenzie Mechanical Dx & Therapy: Part B Cervical/Thoracic</i>	J. Anspach Rickey, PT, Dip MDT	1/30 - 2/1/2004
<i>McKenzie Mechanical Dx & Therapy: Part A Lumbar</i>	Audrey Long, PT, Dip MDT	11/20 11/23/2003

MEDICAL SCREENING

<i>Medical Screening Refresher for the P.T.</i>	Richard Gicking, MD, FACP; Jill Pruett, MD	9/18/2004
<i>Medical Screening Refresher for the P.T.</i>	David J. Musnick, MD	9/22 - 9/23/2001
<i>Medical Screening Refresher for the P.T.</i>	David J. Musnick, MD	9/25 - 9/26/1998
<i>Medical Screening for the Physical Therapist</i>	William Boissonnault, MS, PT Michael B. Koopermeiners, MD	10/1994

NORTH AMERICAN INSTITUTE OF ORTHOPAEDIC MANUAL THERAPY (NAIOMT)

<i>NAIOMT: Shoulder Girdle</i>	Cliff Fowler, PT, MCSP, MCPA, FCAMT	12/6 -12/7/2003
<i>NAIOMT: Acute and Subacute MVA Injury to the Neck</i>	James Meadows, BSc, PT, FCAMT	5/16-18/2003
<i>NAIOMT Level III: Lower Quadrant Part B: Spine</i>	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	4/11-13/2003
<i>NAIOMT Level III: Upper Quadrant Part A: TMJ/Spine</i>	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	2/ 7-9/2003
<i>NAIOMT Level III: Lower Quadrant Part B: Spine</i>	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	10/25-27/2002
<i>NAIOMT Level III: Lower Quadrant Part A: Extremities</i>	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	9/20-22/2002
<i>NAIOMT Level III: Lower Quadrant Part B: Spine</i>	Bill Temes MS, PT,OCS, COMT, FAAOMPT	10/26-28/2001
<i>NAIOMT Level II: Lower Quadrant Part A: Extremities</i>	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	9/28-30/2001
<i>NAIOMT Level II: Upper Quadrant Part B: Spine</i>	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	2/9-11/2001
<i>NAIOMT Level II: Upper Quadrant Part A: Extremities</i>	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	1/5-7/2001
<i>NAIOMT Level I: Differential Diagnosis on Orthopedic Manual Therapy Part B</i>	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT Bill Temes MS, PT,OCS, COMT, FAAOMPT	11/3-5/2000
<i>NAIOMT: Level I: Spinal Differential Diagnosis & Orthopedic Manual Therapy Part A</i>	Anne Porter Hoke PT, OCS, FCAMT, FAAOMPT	9/22-24/2000
<i>NAIOMT: Evaluation and Treatment of the Thoracic Spine</i>	Bill Temes MS, PT,OCS, COMT, FAAOMPT Kent Keyser, MS, PT, ATC, OCS, COMT, FAAOMPT	12/1997

SLOCUM ORTHOPEDICS (formerly Orthopedics HealthCare NW)

Orthopedic & Sports Injuries for the PCP	Slocum Orthopedics	12/8/2007
Orthopedic & Sports Injuries for the PCP	Orthopedic HealthCare NW	12/4/2004
Orthopedics for the PCP	Orthopedic HealthCare NW	12/7/2002
Orthopedics for the PCP	Orthopedic HealthCare NW	12/8/2001
Orthopedic & Sports Injuries for the PCP	Orthopedic HealthCare NW	12/5/2000
Orthopedics & Sports Injuries for the PCP	Orthopedic HealthCare NW	12/1999
Orthopedic & Sports Injuries for the PCP	Orthopedic HealthCare NW	12/1997

OTHER

<i>The Emerging Role of the PT w/ the Female Athlete</i>	OPTA:	3/16/08
<i>Pain Management & Treatment for the 21st Century PT</i>	OPTA: Thomas Watson, DPT, DAAPM	3/16/08
<i>The Running Course</i>	Matthew Walsh, PT, SPG Level III (Australia)	1/26 – 27/2008
<i>Introduction to the Mulligan Concept – Manual Therapy Techniques</i>	Donald Reordan, MS, PT, OCS, MCTA	3/9-10/2002
<i>Sacroiliac Joint & the S3 Subluxation: A Method and Rationale for the Rapid and Effective Relief of Low Back Pain</i>		
<i>Intervention Strategies for the Challenging Foot: Orthotic & Non Orthotic Approaches</i>	Richard DonTigny, PT	10/13/2001
<i>Precision Cycling – Instructor Certification</i>	OPTA	3/2001
<i>Ergonomics Training</i>	Star Trac	8/2000
<i>The Orthopedic Shoulder</i>	E. Oakes, OTR – HealthSouth RTN course	1/2000
<i>Functional Stabilization Training</i>	Kevin Wilk, PT – HealthSouth RTN course	1/1999
<i>Golf Skills Enhancement – Level 1</i>	Beverly Biondi, PT	9/1998
<i>Current Concepts of the Athlete's Shoulder</i>	HealthSouth	9/1997
	Oregon Institute of Sports Medicine	2/1997

STUDY COURSES

<i>Diagnostic Imaging in PT</i>	Orthopedic Section, APTA	8/2007
<i>Reimbursement Strategies for PT's</i>	Orthopedic Section, APTA	3/07 – 5/2007
<i>Private Practice study course</i>	Private Practice Section, APTA	2007
Fundamentals of Functional Assessment	Ergo Rehab, Inc.	2006 – 2007
<i>Certified Specialist in Functional Assessment (CSFA)</i>		
<i>H105 Fundamentals of Functional Assessment</i>		
<i>H106 Functional Capacity Evaluation</i>		
<i>H107 Return to Work Programs & Services</i>		
<i>Independent Medical Examination Training</i>	Health Cost Management	2006
<i>Current Concepts of Orthopedic Physical Therapy # 11.2</i>	Orthopedic Section, APTA	8/2001 – 12/2001
Foot Management Course	Orthopedic Section, APTA	6/2000 - 12/2000
<i>Normal Anatomy & Pathophysiology of the Foot and Ankle</i>	R. Donatelli, PT, PhD, OCS	
<i>Contemporary Footwear Considerations</i>	T McPoil, PT, PhD, ATC	
<i>Foot and Ankle Orthosis</i>	M. Cornwall, PT, PhD, CPed	
<i>Injuries of the Leg, Foot and Ankle</i>	Joseph Tomaro, PT, MS, ATC	
<i>Diabetic Foot Problems</i>	Nancy Balash, PT	
<i>Inflammatory Arthritis: Management of Foot and Ankle Problems</i>	L Gerber, MD Jshradler, PT, Cped; K Lohmann Siegel, PT, MA;	
<i>Current Topics in Rehabilitation of the Shoulder</i>	Sports Physical Therapy Section, APTA	1/1996 - 6/1996

PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association <http://www.apta.org>
Orthopedic/Sports Section, APTA
- McKenzie Institute USA <http://www.mckenziemdt.org>
- Oregon Physical Therapy Association (OPTA) <http://www.opta.org>
- Oregon Physical Therapists In Independent Practice (OPTIP) <http://www.optip.org>