

## JEFF GIULIETTI, MPT, ATC, OCS, CSCS, COMT, FAAOMPT

Jeff Giulietti has clinical experience dating back to 1989 in the professions of Athletic Training and Physical Therapy. In addition to his formal university training he has attended over 90 post-graduate courses (over 1200 contact hours) encompassing a wide variety of areas (see post-graduate education). During his Masters curriculum he was fortunate to have studied under *Jim Porterfield, PT, ATC* whose reputation for functional anatomy of the lumbar spine had national repute. Studying under *Steven Roy, MD* at the *Sports Injury Clinic* prior to its close in 1992, also contributed to Jeff's commitment to always be on the cutting edge of Diagnosis and Rehabilitation.

He has served as Certified Athletic Trainer (ATC) at the high school and university levels, as Physical Therapist (PT) in Hospital based Acute, Neurological, and Rehab units, and orthopedic settings, and more recently as ATC/PT at the *OLYMPIC* level in 2000. Jeff is a Board Certified Orthopedic Clinical Specialist (OCS) through the APTA Board of Specialties, is a Certified Strength and Conditioning Specialist (CSCS) through the National Strengthening and Conditioning Association (NSCA). He is a Certified Orthopedic Manual and Manipulative Therapist (COMT) through the North American Institute of Orthopedic Manual Therapy (NAIOMT) and has been recognized internationally as a Fellow of the American Academy of Orthopaedic Manual Therapy (FAAOMPT) as having advanced competencies in clinical, analytical, and hands-on skills in the treatment of musculoskeletal (orthopaedic) disorders. He is also a Credentialed Clinical Instructor through the APTA (CCI-APTA)

Jeff enjoys treating a wide variety of challenging patients, of which he has expertise in all musculoskeletal dysfunction (foot/ankle, knee, scoliosis, hip/pelvis, lumbar, thorax, cervical shoulder, elbow, wrist/hand, and TMJ disorders). His expertise extends to vestibular rehabilitation, neurological rehabilitation, headaches and oral facial pain, chronic pain, and Complex Regional Pain I (formerly known as Reflex Sympathetic Dystrophy Syndrome (RSDS)).

## TREATMENT PHILOSOPHY

His treatment philosophy is assessment based treatment, combining an eclectic approach of both evidence based and other internationally recognized approaches to create a treatment program that will allow the patient to succeed. Jeff's treatment approach combines many assessment and treatment paradigms including osteopathic, myofascial, Strain/Counterstrain, PNF, Canadian, British, Norwegian, McKenzie Method, Athletic Training and motor control/program theory, with team approach between clinician and patient towards independent management of their problem. His development of ***Dynamic Proprioception*** ©, which he has started teaching in 2003, has resulted in helping clients reach a higher level of physical function. His background in motor control & motor learning has allowed him to apply this to both spine and extremity, combining this with movement awareness training, and advancing motor skills.

## RECENT PROFESSIONAL ACTIVITIES

Sports Medicine Provider, **OLYMPIC TRIALS TRACK & FIELD**, Eugene, OR (40+ hours) (2008)  
PT Ask-The-Expert: **BODY WORLDS 3**; Oregon Museum of Science Industry (OMSI)/OHSU. Portland, OR (2007)  
Sports Medicine Provider, **EUGENE CHALLENGE MILE**, Eugene, OR (2007)  
Sports Medicine Team, **US NATIONAL TAEKWONDO QUALIFYING CHAMPIONSHIPS**, Portland, OR (2007)  
Sports Medicine Team, **US FIGURE SKATING CHAMPIONSHIPS**, Portland, OR (2005)  
Adjunct Professor, Exercise & Sport Science Dept., **Oregon State University** (2003)  
Instructor, ***Dynamic Proprioception***®: ***an Original Approach*** ©, Portland, OR (2003 - present)  
Examiner, National Athletic Trainers' Association Board of Certification (1996 - present)

## EDUCATION

M.P.T. (Masters of Physical Therapy), **Slippery Rock University of Pennsylvania**  
B.S. in Exercise & Sports Science, emphasis in Athletic Training, **Oregon State University**

## POST GRADUATE EDUCATION

### AMERICAN ACADEMY OF ORTHOPAEDIC MANUAL THERAPY

13<sup>th</sup> Annual AAOMPT Conference

Mariano Rocabado, DPT, 10/17 – 10/21/07  
Stanley V. Paris, PT, PhD, FAPTA, FAAOMPT;  
Jeffrey A. Rot, PT, DHSc, OCS, MTC, FAAOMPT;  
Michele Sterling, PT, PhD, GDMT, BPhy

12<sup>th</sup> Annual AAOMPT Conference

Jenny McConnell, PT, GDMT, 10/20 – 10/22/06  
Shirley Sahrman, PT, PhD, FAPTA,  
Chris Powers, PT, PhD; Jack Stagge, PT, OCS, FAAOMPT, et al.

## **INSTITUTE OF PHYSICAL ART**

PNF I

Functional Orthopedics II

Functional Orthopedics I

An Eclectic Functional Approach to Upper Quarter Dysfunction

Mike Baum, PT, Vicky Saliba Johnson, PT 1/20 - 1/24/99  
Gregory Johnson, PT, Brian Hauswirth, PT, CFP 11/14 - 11/17/96  
Brian Hauswirth, PT, CFP, Kent Keyser, MS, PT, ATC 4/27 - 4/30/95  
Gregory Johnson, PT, Kent Keyser, MS, PT, ATC 10/22 - 10/23/94

## **JONES INSTITUTE**

Strain & Counterstrain III

Strain & Counterstrain II

Strain & Counterstrain I

Edward K. Goering, DO, MSHPE, DVM 8/25 - 8/27/00  
Edward K. Goering, DO, MSHPE, DVM 11/6 - 11/8/98  
Randall S. Kusunose, PT, OCS 11/18 - 11/20/94

## **McCONNELL INSTITUTE**

Management of Lumbar Spine Problems: A Caudo-Cephalad Approach

McConnell Patellofemoral Treatment Plan

Jenny McConnell, PT, GDMT, M.Biomed.Eng. 10/18 - 10/19/06  
Daniel A. Farwell, PT 4/12 - 4/13/97

## **McKENZIE INSTITUTE U.S.A.**

McKenzie Mechanical Dx & Therapy: Part D:

Advanced Problem Solving

McKenzie Mechanical Dx & Therapy: Part C: Problem Solving

McKenzie Mechanical Dx & Therapy: Part B Cervical/Thoracic

McKenzie Mechanical Dx & Therapy: Part A Lumbar

Robert Metcalf, PT, Dip MDT 1/28 - 2/01/2004  
J. Mark Miller, PT, Dip MDT 10/03 - 10/05/2003  
Scott Herbowy, PT, Dip MDT 1/31 - 2/02/2003  
Scott Herbowy, PT, Dip MDT 7/18 - 7/21/2002

## **MEDICAL SCREENING**

Medical Screening Refresher for the P.T.

Medical Screening Refresher for the P.T.

Medical Screening Refresher for the P.T.

Medical Screening for the Physical Therapist

Richard Gicking, MD, FACP; Jill Pruett, MD 9/18/04  
David J. Musnick, MD 9/22 - 9/23/01  
David J. Musnick, MD 9/25 - 9/26/98  
William Boissonnault, MS, PT 3/31 - 4/2/95  
Michael B. Koopermeiners, MD

## **NATIONAL STRENGTH & CONDITIONING ASSOCIATION (NSCA)**

Oregon State Clinic

Oregon State Clinic

Oregon State Clinic

Greg Bradley-Popovich, DPT, CSCS, et al. 5/10/2003  
Patrick O'Shea, EdD, et al. 5/11/2002  
John Freeman, PhD, CSCS, et al. 5/16/1998

## **NEURO ORTHOPAEDIC INSTITUTE (NOI)**

Explain Pain

David Butler, PT, M.App.Sc., GDAMT 7/22 - 2/23/06

## **NORTH AMERICAN INSTITUTE OF ORTHOPAEDIC MANUAL THERAPY (NAIOMT)**

NAIOMT: Lumbopelvic & Thoracic Manipulation

Post MVA: Cervical Dysfunction

Shoulder Girdle

NAIOMT Level IV: Spinal Manipulation/Advanced Techniques

V4: Spinal/pelvis/costal Manipulation

Manual Therapy for the thorax: a biomechanical approach

NAIOMT Level III: Upper Quadrant Part B: Thorax/Extremities

NAIOMT Level III: Upper Quadrant Part A: TMJ/Spine

Thoracic Spine Integration

The Functional Shoulder

NAIOMT Level III: Lower Quadrant Part B: Spine

NAIOMT Level III: Lower Quadrant Part A: Extremities

NAIOMT Level II: Lower Quadrant Part B: Spine

NAIOMT Level II: Lower Quadrant Part A: Extremities

Prognosis in "Whiplash" Injuries to the Neck.

James Meadows, BSc, PT, MCPA, FCAMT 11/16 - 11/18/07  
James Meadows, BSc, PT, MCPA, FCAMT 3/17 - 3/19/06  
Cliff Fowler, PT, MCSP, MCPA, FCAMT 12/6 - 12/7/03  
Cliff Fowler, PT, MCSP, MCPA, FCAMT 10/03 - 10/08/99  
Erl Pettman, PT, MCSP, MCPA, COMP 5/1 - 5/6/99  
Diane Lee, BSR, MCPA, FCAMT 10/17 - 10/18/98  
Erl Pettman, PT, MCSP, MCPA, COMP 11/1 - 11/3/97  
Erl Pettman, PT, MCSP, MCPA, COMP 9/27 - 9/30/97  
Christiaan Schmidt, PT, OCS, OMT, COMT 4/4 - 4/6/97  
Erl Pettman, PT, MCSP, MCPA, COMP 2/7 - 2/9/97  
Erl Pettman, PT, MCSP, MCPA, COMP 8/16 - 8/18/96  
Erl Pettman, PT, MCSP, MCPA, COMP 8/9 - 8/11/96  
Ann Porter-Hoke, PT, OCS, COMP 11/3 - 11/5/95  
Ann Porter-Hoke, PT, OCS, COMP 10/6 - 10/8/95  
James Meadows, BSc, PT, COMP 9/26/94

## **NORTHWEST AMERICAN COLLEGE OF SPORTS MEDICINE (NWACSM)**

NWACSM Annual Conference

NWACSM Annual Conference

Various speakers 2/16 - 2/17/96  
Various speakers Spring, 1990

## **NORTHWEST ATHLETIC TRAINERS' ASSOCIATION (NWATA), CHAPTER OF THE NATA**

NWATA Annual Conference

Various speakers Spring, 1991

## **ORAL FACIAL PAIN / TMD / HEADACHES / CERVICAL**

Craniovertebral-Craniomandibular Disorders in Headache Patients

The Cervical Spine

Cervical Spine - Research based clinical practices

Spinal Pain, Instability and Physical Treatment

See - UNIVERSITY of St. AUGUSTINE

See - JONES INSTITUTE

See - NAIOMT

See - RESIDENCIES

Mariano Rocabado, DPT (AAOMPT conference) 10/17 - 10/18/2007  
Olaf Evjenth, PT 5/11 - 5/14/06  
Gwendolen Jull, PhD, MPhty, GDMT, FACP 2/15 - 2/16/02  
Lance Twomey, PT, PhD, Peter O'Sullivan, PT, GDMT 5/18 - 5/19/96

## OREGON ATHLETIC TRAINING SOCIETY (OATS)

Oregon Athletic Trainers' Society Annual Conference

Oregon Athletic Trainers' Society Annual Conference

Oregon Athletic Trainers' Society Annual Conference

Various speakers

6/28/97

Various speakers

6/10/95

Various speakers

6/91

## OSTEOPATHIC / MANIPULATIVE THERAPY (also see NAIOMT)

Univ. of Oklahoma Spinal Manipulation Update: Course 2

Dave Johnson, PT, PhD, OCS, FAAOMPT

3/5 – 3/6/09

Ken Schaecher, PT, DPT, OCS, Bill Kinsinger MD

High Velocity - Low Amplitude: spinal & extremity

Edward Stiles, DO, FAAO

5/18 - 5/20/01

Manual & Manipulative Therapy

Laurie Hartman, DO, PhD, MRO

3/16 - 3/19/00

Evaluation & Treatment of the Lower Extremity

Loren "Bear" Rex, DO

5/1 - 5/3/98

Muscle Energy Techniques: Lower Half of the Body

Edward G. Stiles, DO, FAAO

11/8 - 11/10/97

Evaluation & Manual Treatment of Disorders of the Talus

Loren "Bear" Rex, DO

2/3/96

## SPORTS MEDICINE

Advanced Concepts Examination /Treatment Shoulder Complex

George J. Davies, DPT, SCS, ATC, CSCS

2/02 – 2/03/08

Baseball Team Medicine Conference

Various speakers

1/11 - 1/13/01

The Clinical Challenge of Examination & Rehabilitation Shoulder

George J. Davies, MEd, PT, SCS, ATC, CSCS

8/22 - 8/23/97

Exercise Prescription for Chronic Spinal Dysfunction.

Paul Christensen, MS, PT, ATC

Spring, 1990

Biomechanics of Sport: Performance & Injury.

Martyn R. Shorten, PhD

Spring, 1989

Sports Injuries of the Foot & Ankle.

Steven P. Roy, MD

Spring, 1989

## UNIVERSITY OF ST. AUGUSTINE

State of the Art Cranio Facial

Mariano Rocabado, DPT

2/14 – 2/16/08

Advanced Cranio Facial

Mariano Rocabado, DPT

9/14 – 9/16/05

Intermediate Cranio Facial

Mariano Rocabado, DPT

9/11 – 9/13/05

Basic Cranio Facial

Mariano Rocabado, DPT

7/17 – 7/19/04

## VESTIBULAR REHABILITATION

Vestibular Rehabilitation: An Advanced Course & Update

Susan Whitney, PT, PhD, NCS, ATC, FAPTA

3/23 – 3/25/2007

Joseph Furman, MD, PhD, FAAN; Susan Herdman, PT, PhD, FAPTA

Linda Luxon, MD; Rolf Jacob, MD; Carey Balaban, PhD, Yael Raz, MD

Laura Morris, PT, NCS, et. al.

Vestibular Rehabilitation: A Competency-Based Course

Susan J. Herdman, PT, PhD, FAPTA,

3/11-3/15/2003

Richard Clendaniel, PT, PhD, Ronald Tusa, MD, PhD, et al.

Balance for the Orthopedic Patient (TAI Skamania Conference)

Mary Ann Seeger, PT

10/02/2000

Clinical Perspectives of Treatment of the "Dizzy" Patient.

Joyce Wheeler, MS, PT

4/22/94

## OTHER

Evidenced Based Classifications & Biomechanical Interventions  
For the Axial Skeleton

Richard Erhart, PT, DC, FFAAOMPT

6/2 – 6/4/06

Update on Knee & Hip Arthroplasty

Mike Timko, PT, MS, FAAOMPT

5/17/2006

Spine Care 2006

Brian Jewitt, MD

3/11/06

Scott Kitchell, MD; Chris Noonan, MD,

Michael Freeman, PhD, DC, MPH

Richard DonTigny, PT

8/23/2003

Functional & Pathological Pelvic Dynamics in the Immediate  
Relief of Low Back Pain

Brian Mulligan, FNZSP, DipMT

5/07/2003

Brian Mulligan's Concept Seminar

Joseph Dunn, MD

6/06/2002

Intrathecal Baclofen Therapy

Chuck Hanson, PT, Jeff Jones, PT, CMPT

10/02/00

Shoulder Exercise/ Lumbar Spinal Fusion

(TAI Skamania Conference)

Update on Hip Surgery

Richard C. Zimmerman, MD, MBA

9/17/96

Clinical Alignment, Awareness, Relaxation:

Julie Gudmestad, PT

10/23/1993

Yoga in PT- Thorax/Shoulder.

Musculoskeletal Evaluation and Treatment.

Florence P. Kendall, PT

3/13 – 14/ 1993

Pennsylvania PT Association Annual Conference

Various speakers

Fall, 1991

Understanding Reflex Sympathetic Dystrophy Syndrome.

Susan W. Stralka, PT

3/9 -10/1991

## RESIDENCIES

TMJ – surgical and non-surgical; orthopedic & sport PT

Flanders Physical Therapy, Portland, OR

1/94 -5/94

Neurologic Rehabilitation, Post-operative, Acute

Sacred Heart Medical Center, Eugene, OR

8/93 – 12/93

## PEER-REVIEWED PUBLICATIONS

- ❖ Giulietti JA, Denegar CR, Harner CD. *Tibial plateau fracture in a female soccer player: a case study.* *Journal of Athletic Training* 1994; 29(1): 32-35

## PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association (APTA) <http://www.apta.org/>
  - Orthopedic/Sports Section, APTA <http://www.orthopt.org/>
- American Academy of Orthopaedic Manual Physical Therapists (AAOMPT) <http://www.aaompt.org/>
- National Athletic Trainers' Association (NATA) <http://www.nata.org/>
- Oregon Athletic Trainers' Society (OATS) <http://www.oatswebsite.org/>
- Oregon Orthopedic Physical Therapy Study Group (OOPTSG) <http://www.ooptsg.org/>
- Oregon Physical Therapy Association (OPTA) <http://www.opta.org/>
- Oregon Physical Therapists In Independent Practice (OPTIP) <http://www.optip.org/>
- Vestibular Disorders Association (VEDA) <http://www.vestibular.org>