

CHRIS BESONIS, DPT, ATC

Chris Besonis has clinical experience dating back to 1993 in the profession of Athletic Training and Physical Therapy. In addition to his formal university training he has attended over 14 post-graduate courses encompassing a wide variety of areas (see post-graduate education). He has served as Sports Medicine Staff with the Seattle Mariners & Los Angeles Dodgers in 2004, as well as having a background as Cardiac Therapist at the Cardiac Renewal Medical Center in Pasadena for nearly 2 years in 2000.

As a Doctor of Physical Therapy, Chris has received specific training in differential diagnosis, pharmacology, radiology and imaging, health care management, prevention and wellness, health promotion, histology, and pathology.

Chris's current practice of physical therapy is within the field of orthopedics & sports medicine.. He is presently pursuing Certification as Strength & Conditioning Specialist (CSCS) through the National Strength & Conditioning Association (NSCA).

RECENT PROFESSIONAL ACTIVITIES

Sports Medicine Provider, **SEATTLE MARINERS**, Seattle, WA (10/11/04-10/23/04)

Sports Medicine Provider, **LOS ANGELES DODGERS**, Vero Beach, FL (8/31/04-9/23/04)

EDUCATION

D.P.T (Doctor of Physical Therapy), **Azusa Pacific University**, Azusa, California

B.S. in Human Performance, emphasis Athletic Training, **San Jose State University**, San Jose, California.

POST GRADUATE EDUCATION

AMERICAN DIABETES ASSOCIATION

63rd Scientific Session

Various Speakers

6/13 – 17/2003

ASTYM

Soft Tissue Mobilization

1/2007

FOLSUM MANUAL THERAPY INSTITUTE

Manual Therapy for the Lumbar Spine & Cervical Spine
Shoulder Rehabilitation: Manual Therapy Utilizing the
Kaltenborn-Evjenth System

Olaf Evjenth, PT
Tim McCarthy, PT

9/2007
8/2006

Manual Therapy & Training for the Lumbar Spine
Knee Rehabilitation: Manual Therapy Utilizing the Kaltenborne-
Evjenth System"

Olaf Evjenth, PT
Tim McCarthy, PT

5/2006
7/2006

Manual Therapy & Training for the Upper Cervical Spine

Michael Moore, PT, FFAAOMPT

7/2005

HEALTHSOUTH

Lumbar Spine Symposium
Foot / Ankle Update

James Beasell, PT
Edward Mulligan, PT, MS

3/2005
1/2005

NATIONAL ATHLETIC TRAINERS' ASSOCIATION (NATA)

52nd NATA Annual Meeting & Clinical Symposium
50th NATA Annual Meeting & Clinical Symposium
48th NATA Annual Meeting & Clinical Symposium

Various Speakers
Various Speakers
Various Speakers

6/19 – 23/2001
6/16 – 19/1999
6/18 – 21/1997

NORTHEAST SEMINARS

Kinetic Chain Rehabilitation

Terry R. Malone, PT, ATC

10/1995

RICHARD JACKSON SEMINARS

The Pelvic Girdle

Richard Jackson, PT, OCS

12/06 – 08/2008

SPORTS MEDICINE

Patellofemoral Dysfunction: Examination & Treatment Methods
Closed Chain Rehabilitation Symposium

Kathleen Grace, PT, OPA-C
New Concepts, Inc.

2/1996
5/1995

RESEARCH ABSTRACTS ACCEPTED

- Petrofsky J, Scwhab E, Besonis C., et al. **Does local heating really help diabetic patients increase circulation?"** Journal of Orthopedic and Neurologic Surgeons; 2003, 21:40
- Petrofsky J, Scwhab E, Besonis C., et al. **Endothelial mediated and neurogenic vascular responses in the circulation of patients with Type I and Type II Diabetes.** Diabetes, June 2003, vol 52, pA-165

PROFESSIONAL AFFILIATIONS

- National Athletic Trainers' Association <http://www.nata.org/>

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